

Post-Operative Wound Care Instructions
Skin Graft Wound Care: One Week Follow Up

- Remove your bandage on _____.
- Apply Vaseline and a new bandage to the site and leave on for one more additional week.
- If the bandage starts to come off at any point, add more paper tape.
- Remove this bandage on _____.
- Once this bandage is removed, you may get the site wet.
- Begin wound care as follows daily for one week following May 30th:
 1. Clean area with tap water using a Q-tip or gauze pad. (shower/bathe normally)
 2. Dry wound with gauze pad.
 3. Apply Vaseline to wound with a Q-tip. **Do NOT use Neosporin.**
 4. Cover the wound with a Band-Aid or nonstick gauze pad and paper tape.
- We advise daily use of sunscreen (SPF 30 or greater).
 - One month after surgery, you may begin applying sunscreen to your site.
- You may have numbness, itchiness, and sensitivity to temperature changes for up to 18 months following surgery.

CONTACT THE OFFICE AT (251) 544-6407 FOR THE FOLLOWING:

- Bleeding not controlled by pressure.
- Increasing pain that is not controlled by over-the-counter medications.
- A drastic increase in swelling, redness, warmth, or pain around the wound.
- ***If after hours, call the office number and follow the prompts to obtain Dr. Freeman's cell number.***
- ***In the event of an emergency and you are unable to reach the physician, seek emergency medical treatment.***