

**Sunrise Skin Cancer Surgery Center
Surgeon: Scott R. Freeman, M.D.**

Stapled Wound Care

- No strenuous activity for 48 hours. Resume moderate activity in 48 hours. No heavy exercising until you are seen for follow-up in one week.
- Take Tylenol as needed for discomfort.
- Do not drink alcoholic beverages for 48 hours.
- Keep the pressure bandage in place for 24 hours. If the bandage becomes blood tinged or loose, reinforce it with gauze and tape.
(Refer to the reverse side of this page for management of bleeding).
- Remove bandage in 24 hours and begin wound care as follows:
 1. Rinse the stapled area with tap water. (shower / bathe / shampoo normally)
 2. Dry the wound with a Q-tip or gauze pad
 3. Apply Aquaphor, Vaseline, Polysporin or Bacitracin Ointment to the staples.
 - Do **NOT** use Neosporin Ointment *
 4. Cover the wound with a band-aid or nonstick gauze pad and paper tape.
 5. Repeat wound care once a day until staples are removed in 7-10 days.

BLEEDING:

1. Use tightly rolled up gauze or cloth to apply direct pressure over the bandage for 20 minutes.
2. Reapply pressure for an additional 20 minutes if necessary
3. Call the office or go to the nearest emergency room if pressure fails to stop the bleeding.
4. Use additional gauze and tape to maintain pressure once the bleeding has stopped.
5. Begin wound care 24 hours after surgery as directed.

PAIN:

1. Post operative pain should slowly get better, beginning the evening after surgery.
2. A sudden or severe increase in pain may indicate a problem. Call the office if this occurs.

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Follow Up:

In case of emergency:

- **CALL Dr. Freeman's Office at 251-544-6407 or**

Go to and contact your nearest hospital:

Mobile Infirmary

5 Mobile Infirmary Circle
Mobile, AL 36607
251-435-2400

Providence Hospital

6801 Airport Blvd
Mobile, AL 36608
251-633-1000

South Baldwin Regional Medical Center

1613 N. McKenzie Street
Foley, AL 36535
251- 949-3400

Sacred Heart

1549 Airport Blvd
Pensacola, FL 32504
850-416-7000

Grove Hill Memorial Hospital

295 South Jackson Street
Grove Hill, AL 36451

Springhill Medical Center

3719 Dauphin Street
Mobile, AL 36608
251-344-9630

Thomas Hospital

750 Morphy Ave.
Fairhope, AL 36532
251-928-2375

North Baldwin Infirmary

1815 Hand Ave
Bay Minette, AL 36507
251-937-5521

Jackson Medical Center

220 Hospital Drive
Jackson, Alabama, 36545
251- 246-9021